

VVA Player / Parent Night 2026

Mission & Core Values

VVA is committed to developing athletes **on and off the court** in a positive, competitive, and educational environment.

Core Values:

- Respect (knuckles, treat others the way you want to be treated)
- Compete (doesn't mean WIN over everything, control what you can control)
- Resilient (rocky balboa speech, can't save your kids, when we fail we grow!)
- Learn (come to practice and be a sponge!)

The following info might be common sense, but every year we have questions throughout the season. Bigger picture for this meeting is to come together, be a community and for all to be on the same page.

Club Dues & Financial Commitment

- Families are responsible for **full season dues once a contract is signed**, regardless of injury or non-participation:
 - when we offered your daughter, we turned away other players
 - **No refunds** are issued for quitting, dismissal, or other circumstances
 - Athletes may be held out of practices or tournaments if payments are not up to date
 - Travel, food, and lodging are **not included** in club dues: we want families to have their own choice for these tournaments. We don't want to dictate these things
 - Snack tables are not required but encouraged!
 - Optional **sports fee insurance** is available to help cover unexpected withdrawals (still available)
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Parent Responsibilities

- Ensure athletes arrive **on time** to practices and tournaments: communication is key!

- Display **positive sportsmanship at all times**
 - Athletes must remain at tournaments until **all playing and officiating duties are completed**
 - Communication concerns should follow this order:
 1. Player speaks with coach
 2. Parent & player speak with coach
 3. Club Director (if needed)
 - Allow at least **24 hours** before addressing concerns
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Practice

- Attendance matters—missed practices may affect playing time
 - Absences must be communicated **ahead of time**
 - Injured athletes are encouraged to still attend practices when possible
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School Sport & Multi-Sport Athletes

- Athletes must communicate conflicts **in advance**
 - Coaches expect honesty and planning
 - Major and end-of-season tournaments should be prioritized
 - Make-up practices may be required when possible
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Playing Time Philosophy

- Playing time is **earned**, not guaranteed: it is extremely inappropriate for another parent to ask another parent why their son or daughter are not playing
- Roles are not going to be black and white. A lot of things in play. Please think about the bigger picture and how it affects the team.

- Lack of playing time does not equate to a player's value. Coaches, directors, and parents all have the responsibility to support that athlete when
 - Coaches consider attendance, effort, performance, and coachability
 - Team levels:
 - **National / National Elite:** No guaranteed playing time
 - **West Coast:** Coaches encouraged to develop playing opportunities early in the season
 - **California:** Equal playing time focus
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Uniform Policy

- Athletes must wear the **official VVA uniform package** at tournaments
 - Tshirt policy new this year! Always match. If lost shirt, purchase new one. Always bring all jerseys to tournaments.
 - Additional gear is available through the team store - **available 365 days a year**
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Travel & Stay-and-Play / Q & A

- General breakdown of stay and play
 - Lots of emails sent, any Questions??
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General Outline for Coaches to Use for Remainder of Practice (1.5 hr remaining)

- Breakout onto team specific courts
- Coaches spend 5-10 minutes formally introducing themselves to parents and explaining what their goals are for the season as well as the expectations for the team and communication process.
- 10 minute Warm-up (ball & partner)
- 10 minute communication / hustle game or drill
- 20 minute skill progressions (serve & pass)
- 15 minute hitting lines
- Remaining 25 minutes, 6 v 6 games

